

Janice Clarke – HDipSAL & ACertSAL (VTCT)
Terapeuta de Tejidos Blandos – Deportes

Herbolario Y Ecotienda, Avenida de Andalucia, No 40, interior del pasaje
frente a hotel Torrepalma, Alcala la Real, Jaen, Spain



Bodylines Covid-19 and Client Care Policy Document – July 2020

This document shows our current policy to help protect practitioners and clients attending the clinic for treatments at Herbolario Y Ecotienda, Avenida de Andalucia, No 40, Alcala La Real.

Herbolario Y Ecotienda Clinic room:

Areas identified for the use of those working and attending the clinic include 1 clinic room.

There are further communal areas including shop and toilets which are under the governance of the shop owner and are subject to their own hygiene protocols.

Risk Assessment and Management:

We recognise that although we cannot eliminate the risk of Covid-19, we will periodically assess and review the risks to all those using our facilities. All practicable measure will be adopted to help reduce the risk of transferring Covid-19.

Our Cov-19 Policy document and latest risk assessment will be available to anyone using our facilities at Herbolario Y Ecotienda.

Clear Signs and Guidelines:

Protocols for handwashing, cleaning rotas, Covid-19 Policy document, and Latest Risk Assessment will all be clearly displayed at the premises.

Equipment and other PPE Supplies:

We will ensure sufficient stock of all necessary materials to comply with hygiene and other Covid-19 safety guidelines will be maintained and made available to those occupying the premises.



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Client Care:

- All clients seeking treatment will be required to sign an **Declaration** stating they are not currently suffering any Covid-19 symptoms; are not currently sharing a household with anyone suffering symptoms; and if they have contracted Covid-19, that they have been asymptomatic for at least 14 days. The declaration must be signed before their appointment and clients must also agree to notifying Bodylines if they display any symptoms associated with Covid-19, before during, or after their appointment.
- We will contact any clients who may be deemed 'at risk' under Covid-19 guidelines before their appointment.
- Clients contact details may be released for contact tracing if necessary.
- Practitioners will wear disposable masks or a face shield during contact periods of all treatment sessions and clients will wear disposable masks (provided) during contact period of all treatment sessions.
- Practitioners will wear a new disposable plastic apron for each treatment or a purpose-made plastic apron that can be thoroughly disinfected between treatments.
- Hand sanitiser dispensers will be available for use in the clinic room.
- Adequate time will be allowed between treatments to cleanse all work surfaces and contact areas using antiseptic wipes/disinfectant.
- Practitioners will thoroughly wash hands following guidelines displayed in wash areas between treatments.
- A plastic container and disposable bag will be provided for clients to place any items of clothing removed during treatment. Bags will be disposed of between treatments.

Keeping our workplace clean:

We will:

- Carry out cleaning of objects and surfaces that are touched regularly, such as door handles and keyboards, couches, bottles, etc, between treatments and making sure there are adequate disposal arrangements.
- Keep windows open in all work areas whenever possible.
- Before the start of every day that the clinic is in use, we will clear workspaces and belongings and clean all objects and surfaces as described above, remove, and dispose of all waste according to government guidelines.
- Carry out frequent extensive cleaning of all work area floors, equipment, and work surfaces no less than once a week, and more as deemed necessary.
- Cleaning records will be clearly displayed in all areas.

End of Policy Document



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